Therapists and Counselors

3C Counseling & Consulting Service

Carole Bower, M.A., PCC-S and colleagues 3532 Irwin-Simpson Rd. Suite 85 Mason, OH 45040 513.573.3550 http://3ccounseling.com Specialize in anxiety, depression, grief, anger management, child/adolescent behavior, relational conflict, divorce/custody, career counseling, and equine psychotherapy.

Agape Counseling Center

937.434.0540 Christian based counseling in Centerville/Middletown. Child, adult and adolescent counseling.

Coordinated Care

Kim Sellers Coordinated Care 1879 Deerfield Rd Lebanon, OH 45036 513.695.2900 ext. 2311 http://www.warrencountyesc.com/14/Department/2 54 Strong recommendation for children who are struggling behaviorally.

The Counseling Source

10921 Reed Hartman Hwy Suite #133 Cincinnati, OH 45242

Ph.D. and Master's Level Clinicians 513.984.9838

Strong recommendation for helping struggling families and school-aged children

http://www.thecounselingsource.com

Diversion Program

Kim Sellers 1879 Deerfield Rd Lebanon, OH 45036 513.695.2900 ext. 2311 <u>http://www.warrencountyesc.com/14/Department/2</u> 54 513.695.2311 Diversion is about diverting young people from the

Diversion is about diverting young people from the path they are choosing and steering them to a new path, children who are "pre-delinquent"

Acorn Counseling Center

12 E. Warren St Lebanon, OH 45036 513.228.6023 www.acorncounselingcenter.com

LifeWay

11161 Kenwood Road Blue Ash, Ohio 513.769.4600 consultation, assessment, counseling, etc. (<u>not</u> the same as the adoption agency)

Solutions

Main Office 975 Kingsview Drive Lebanon, OH 45036 (513) 228-7800 (513) 228-7846 (Fax) (MAIN OFFICE)

Lebanon Office

204 Cook Road Lebanon, OH 45036 (513) 934-7119 (513) 695-2952 (Fax)

Mason Office

201 Reading Road Mason, OH 45040 (513) 398-2551 (513) 459-7300 (Fax) **Springboro Office** 50 Greenwood Lane Springboro, OH 45066 (937) 746-1154 (937) 746-8523 (Fax) **Wilmington Office** 953 S. South Street Wilmington, OH 45177 (937) 383-4441 (937) 383-2916 (Fax)

Crisis phone number: 1.877.695.6333 "Share hope and caring to achieve recovery from mental illness, alcoholism and drug addiction" http://www.solutionsccrc.org/

Springdale- Mason Pediatrics

Dr. Debbie Goodlander 459-1615 7450 Mason Montgomery Rd. Mason, Ohio 45040 Private. No Medicaid Accepted. Very good with ADHD & Self Mutilation

Stepping Stones Center

5650 Given Rd Cincinnati, OH 45243 **Phone:** (513) 831-4660 http://www.steppingstonesohio.org/ Pathways to Independence for People with Disabilities

New Reflections Counseling, Inc.

Matt Pavlik, PCC (Professional Clinical Counselor) 777 Columbus Avenue, Suite 17B Lebanon, OH 45036 937-776-7290 Christian counseling with a focus on relationship health, self-esteem, trauma, abuse

Kelly Armbruster

5720 Gateway Blvd Suite 102 Mason, OH **45040** (513) 304-9044

www.armbrustertherapy.com

- Excellent with young children in troubled families and marriage counseling as well as pervasive developmental disorders, depression, PTSD, and anxiety.
- Great to help Mason Counselors in an emergency.

Julie Edsall, MS, LPCC

1269 Colfax Drive Kettering, OH 45419 937.293.5722 Mental health issues

Melonie Grosser

Serenity Counseling Services for All Ages, Inc. http://myserenitycounseling.com/

9754 B Kenwood Road Cincinnati, OH 45242

(Kenwood area)

513.793.3661

- Registered Play Therapist Supervisor
- Works with all ages of children & adolescents dealing with trauma. Most clients are dealing with fear, abuse, anger, depression, anxiety, stress, or disruptive behaviors

William J. Malone, MSW, LISW

Malone Counseling & Consulting Services 7908 Cincinnati Dayton Rd. Suite S-A West Chester, OH 45069 http://www.canville.net/malone/ 513.779.0383

Mason Family Counseling

5134 Cedar Village Drive Mason, OH www.masonfamilycounseling.com 513.229.7900

Todd Reed, LISW, LPCC

1269 Colfax Ave. Kettering, OH 45419 937.299.4804 substance abuse and mental health issues

High View Center

Peggy Volters, M.S., PCC, IMFT (513) 423-6621 10 S. Highview Road Middletown, OH 45044 www.southdaytoncounseling.com Specialize in marriage, family and individual counseling.

Resources in the Warren County and Surrounding Areas

Nick Ziza, MS, PCC, NCC

3131 South Dixie DriveSuite 400Dayton, OH 45439937.296.0607www.zizaphsychotherapy.comSource had "heard great things about him."

Psychologists

Bridge Point Psychological Anderson, Blue Ash, Fairfield & West Chester office 513.891.0650

Dr. Thomas Thompson

Thompson & Associates 7770 Cooper Rd. Suite 5 Montgomery, Ohio http://thompsoncounseling.org 513.489.1171 x1 Art therapy and eating disorder specialty +Individual and Group Therapy +Marital and Family Therapy +Child and Adolescent Services

Dr. D. Scott Wells

Clinical Psychologist 4100 Executive Park Dr. Suite 9 Sharonville, OH (513) 771-8555 x2

Dr. Jerry Flexman Flexman Clinic

Clinical Neuropsychologist www.theflexmanclinic.com Dayton, OH 937.256.5300

<u>Psychiatrists</u>

Dr. Jonathan Garrison 4422 Carver Woods Drive Blue Ash 513.984.2800

Dr. Arnold Shapiro

8280 Montgomery Road Suite 304Kenwood(near corner of Galbraith and Montgomery)513.794.8777An expert on ADD, anxiety child/adolescent psychiatry, small groups.

<u>Divorce</u>

Beech Acres Parenting Center 513.231.6630 Mediation: Krista Jackson 513.231.6630 ext. 4723

<u>GRIEF COUNSELING RESOURCES</u> <u>AND EXPERTS</u>

Recommended by Bereaved Families

Cancer Family Care

513.731.3346 Children's Program 2421 Auburn Avenue Cincinnati, OH 45219 Conducts groups and one on one in the school; only takes cases involving cancer

Oak Tree Corner

2312 Far Hills Avenue PMG 108 Dayton, Ohio 45419 937.285.0199 www.oaktreecorner.com email: oaktreecorner@mail.com

Suport for those suffering from grief over the death of someone important; free and available all year round

Fernside

4360 Cooper Rd Blue Ash, OH 45242 513.246.9140 http://www.fernside.org/ Supporting children and families through grief **Additional resources available through this website and center.

Food Pantries & Emergency Assistance

Grace Chapel Food Pantry 229-3191

406 Fourth Ave. Mason M 630-730pm; W 930-11am; Sat 9-11am Arrive 15 minutes prior to closing to be served. New clients need a photo ID and a current piece of mail for household members 18 or older.

Faith Emergency Services and Faith Ministries 459 – 8509

Serving Shadow Lake

Mason United Methodist Church 6315 Mason-Montgomery Rd Food, Financial Assistance: Thurs. 1:00-3:00pm ID and proof of address Eviction notice (if requesting this type of help) Help with prescriptions Food stamp proof from Warren County

Warren County Division of Human Services

Cash, Medicaid, food assistance, transportation and childcare

www.co.warren.oh.us/humanservices 695-1420 416 South East Street Lebanon M-F 7-4:30 pm

Clothing

Clothed with Love A ministry of Grace Harbor Community Church <u>clothedwithloveghcc@yahoo.com</u> Cathy 513.759.4683

Shoe Shine Mission

Meg 513.932.3334 Lebanon, OH Shoes and socks New 2 You Clothing Store 770 – 0350 408 4th Avenue Mason M-F 9-8, S 9-7, Sun 12-5 * This is a great resource for families to purchase nice clothing for a minimal cost.

Goodwill 770-3290

1161 E Main St
Lebanon, OH 45036
(513) 932-6856
Mon - Sat 9:00 - 8:30
Sunday 10:00 - 6:00
* This is a great resource for families to purchase nice clothing for a minimal cost.

St Vincent de Paul Thrift Shop 492-7940 1065 Reading Road Mason, OH 45040

Mon – Sat 9:00 – 8:00Sun 10:00 – 6:00 * This is a great resource for families to purchase nice clothing for a minimal cost.

Berry Intermediate School Warrior Closet

Clint Nagel 934-5754 Free clothing for students attending Lebanon City Schools.

Health Care

Women's Center

Columbus Avenue 934-1777

Warren County Health Department

http://wcchd.com/ Immunization/Well Child/Vision Screening/Lead testing Adult Care Clinic-sliding fee scale 695- 1468

Medicaid-Warren County Human Service 695-1420

www.co.warren.oh.us/humanservices 415 S. East Street Lebanon, OH 45036

** If they don't have a medical card then they should go to the Warren County Health Clinic, **513-695-1228.** They have very minimal fees that can be paid in installments if necessary. If a family does have a medical card then they need to check which group they are with. Amerigroup, Molina, or Care Source then talk to their caseworker or call the phone number on the medical card to see which doctors in Lebanon accept their group. There are also online directories for Molina, etc. but sometimes they are dated so calling the number on the card will give the most up to date info.

Pregnant Women and Young Children

Woman, Infants, and Children (WIC) 695-1217

http://wcchd.com/wic-program.aspx Women, infants and children eligible for the program receive coupons which enable them to receive milk, eggs, cereal, 100% juice, whole grains, fruits and vegetables, peanut butter or beans and infant formula from participating grocery stores.

Head Start 695-2215

This program is a <u>preschool program for children</u> <u>ages 3 and 4</u>. Children may attend as soon as they turn 3 years old. They do not have to be potty trained. The family must be at income poverty level. Children do not have to be citizens to enroll or attend. An application must be filled out. It can be accessed on line at <u>www.wccsi.org</u> under the programs and services tab. Head Start welcomes children who may be experiencing delays or disabilities.

Department of Medicaid

https://benefits.ohio.gov/

WIC

1-800-755-GROW (4769)

The Special Supplemental Nutrition Program for Women, Infants, and Children. WIC helps income eligible pregnant and breastfeeding women, women who recently had a baby, infants, and children up to five years of age who are at health risk due to inadequate nutrition.

WIC clinic locations

http://www.odh.ohio.gov/~/media/ODH/ASSETS/ Files/ns/wic%20nutrition/wicclinicdirectory.pdf

<u>Childcare</u>

4C for Children

4C is the hub of information on early care and education programs for parents and the largest provider of training and technical assistance for early childhood caregivers and teachers. 4C assists families, child care centers, family child care providers and employers.

http://www.4cforchildren.org/ Cincinnati: 513-221-0033 Dayton: 800-256-1296

Resources in the Warren County and Surrounding Areas

Employment & Housing

Abuse, Rape and Crisis Shelter 695-1107 Lebanon, OH

Hope House 424-4673

34 S. Main Street Middletown Homeless shelter Picture ID and SS card Intakes 10-2 pm

Warren Metropolitan Housing Authority

990 East Ridge Drive Lebanon Public and Section 8 housing 695-3380

Warren County One Stop Employment Center 695 – 1130

300 E. Silver Street Lebanon, OH

• This service can help assess a person's skills and help them locate a job.

Interfaith Hospitality Network

Interfaith Hospitality Network of Warren County Office hours: 8 am - 6 pm Monday - Sunday larihnwc@go-concepts.com Tel: (513) 934-5250 Fax: (513) 934-5261

Education Warren County Adult New Reader 513-932-2323

Warren County Career Center 513-932-8145

Warren County Educational Service Center 513-695-2900

<u>Counseling/Mental Health</u> Alcoholic Anonymous http://www.aad11a56.org/

Solutions 937-746-1154 877-695-6333 Crisis line (emergency)

Lifespan 513-424-6888 Middletown, Mason, Hamilton locations

Transportation

Warren County Transit1-888-297-0990M-F 6am-6:00pm 48 hour notice

<u>Foreclosure Help</u> Lifespan 868-3210

http://www.lifespanohio.org

They are a HUD housing counseling agency and have access to agencies for rescue funds. They also do credit card counseling.

Home Ownership Preservation Foundation 1-888-995-HOPE (4673)

http://www.995hope.org/

Pre-purchase counseling, home buyer education, understanding foreclosure

Additional Information

Guardianship

If a family needs to switch guardianship for their child it is handled through Probate Court in Lebanon at 695-1180. There is a cost involved and it takes 4-6 weeks for everything to be completed.

MRDD Info

For Warren County MRDD, the intake person is Brenda Alexander Brenda.Alexander@co.warren.oh.us

(695.1838). When the parent calls, they should have documentation from the school and any doctor they are working with.

United Way Information and Referral 513-932-3987 645 Oak Street Lebanon, OH 45036